



CAST SENIOR CENTER WEEKLY NEWS



600 N. GERMAN ST. - NEW ULM, MN 56073 - 507-354-3212 - CASTNU@NEWULMTEL.NET - WWW.COMMUNITYANDSENIORSTOGETHER.ORG

MOVIES AT THE SENIOR CENTER

Starting **Friday, May 1**, our **Movie Matinees** will be held at the CAST Senior Center in Room 112 at 1pm.

The CAST Senior Center has obtained a Public Performance License through MPLC, which allows us to show movies, TV shows, documentaries, etc. at the Senior Center.

For several years, CAST has partnered with the New Ulm Public Library to bring you our Movie Matinees. ***We gratefully appreciate and thank them for the wonderful partnership, support and accommodation provided to the CAST Senior Center!***

Movie schedules can be found here in our weekly email newsletter, in our monthly printed newsletter, and on flyers and the bulletin board at the Senior Center. Due to licensing policies, movie schedules will not be available on our website or Facebook page. See pages 13-15 for our upcoming May movies!

HOLIDAY SCHEDULE



The CAST Senior Center and Senior Dining/Meals on Wheels will be **CLOSED** on **Monday, May 25** in observance of Memorial Day.

SAVE THE DATE - JUN 04

Our next **Lunch & Learn Special Event** in partnership with Senior Dining will be **Thursday, June 4!** The Lunch & Learn events feature a free meal at 11am provided by Lutheran Social Services Senior Dining program, followed by an Educational Program provided by the CAST Senior Center at 11:30am. See page 3 for full details!

DATE CORRECTIONS

On May's **Activities & Programs Calendar**, two dates were listed incorrectly. The correct date for our next **Alzheimer's Caregiver Support Group** is **Tuesday, May 12** at 10:30 am in Room 15, and the correct date for our next **Friends in the Kitchen** class is **Wednesday, May 13** at 11am in Room 111. We apologize for the inconvenience, and the Calendar has been corrected for this newsletter.

DONATE TO THE SENIOR CENTER

As a 501(c)3 nonprofit organization, the CAST Senior Center relies solely on grants and your contributions to operate. Bringing you high-quality programming and activities is expensive, and we want to keep providing them for you.



We would be truly grateful if you would make a donation to the CAST Senior Center. Your contribution will go directly toward supporting our activities, programs, supplies and operational expenses for this year. Your support is crucial to our efforts to raise needed money, and any amount is appreciated. Donations can be mailed to CAST, 600 N. German St., New Ulm, MN 56073. ***Thank you for your support!***

**OUR NEXT DRIVER
DISCOUNT COURSE IS
MONDAY, MAY 18 AT 1 PM.
SIGN UP TODAY!**

Alzheimer's Caregiver Support Group



Tuesday, May 12 10:30-11:30am
at the CAST Senior Center, Room 15

This Support Group is free and all are welcome to attend.
No preregistration required. Room opens at 10am.

For more information
call Karla at 507-354-3187 or Geri at 507-217-3610

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Memory Cafe

"A social gathering for individuals with
memory loss and a caregiver."

Tuesday, May 26h

CAST Senior Center/Cafetorium
600 N. Garden Street

10:30-11:00 John Olson,
Photographer and MN Birds

11:00-11:30 Senior Dining

*Reserve Meals a day in
advance by calling
507-550-0741



New Ulm Area Memory Care Friends
CAST (Community and Seniors Together)

"Opening the Window to Dementia"

Real Stories. Real Impact.
Understanding Life with Dementia

May 11 1-2pm

or

May 13 6-7pm

CAST Senior Center- Cafetorium
600 N. German Street

Sponsored by

New Ulm Area Memory Care Friends
CAST (Community and Seniors Together)



SouthPoint
Financial Credit Union

“Educating the Jury”

with Dave Borchert, New Ulm Chief of Police

Thursday, May 21 at 1pm

CAST Senior Center, Room 112



Photo courtesy of pipsoda.com

Join for this 5-part series on “Educating the Jury”, presented by New Ulm Chief of Police Dave Borchert. Held monthly from through August on the third Thursday of the month (May 21, June 18, July 16 and August 20) in Room 112.

The series involves different topics to include: Constitutional law and application within law enforcement in today’s era; Investigative techniques; Evidence capture; Resources (example: K-9 and Drones) available and how that’s applied to include opportunities and restrictions concerning application within the profession; Sanctuary Cities; ICE Enforcement; Enforcing Voting Rules; Conflict between federal & state and how that applies to local law enforcement at the county/city level.

Photo courtesy of newulmregister.com



Dave Borchert

“History of the New Ulm Municipal Band”

Thursday, June 4

Free Lunch at 11am - Program at 11:30am

Lunch & Learn at the CAST Senior Center Cafetorium



Photo courtesy of ForeSee Studios/Alan Towler

Dan Groeber

Join us on **Thursday, June 4**, for a **free lunch at 11am**, provided by LSS Senior Dining. Immediately following lunch, at **11:30am**, enjoy a program, “**The History of the New Ulm Municipal Band**”, presented by Dan Groeber and hosted by the CAST Senior Center. This Lunch and Learn event is free and open to the public. Meal is encouraged but not required. No pre-registration required for the concert, but your **meal must be reserved by June 3**. Call 507-550-0741 to reserve your meal.

Lunch: Chicken Alfredo, Peas & Carrots, Hot Spiced Apples, Dinner Roll w/ Margarine and 1% Milk.

Program: Dan Groeber, who is a member of the New Ulm Municipal Band, will give a presentation on the history of the band. Meet the talented musicians who have played in the band in the last 80 years. See their pictures, and hear their stories. New Ulm’s rich story of music goes on and on!

New Ulm has a rich history of music. In the middle of the twentieth century, New Ulm had the reputation of Compaht Town! Some music lovers called New Ulm the Polka Capital of the Nation. Were those statements true? It wasn’t a matter of truth or falsehood. It was a matter of New Ulm’s pride in its polka dance bands.

New Ulm has had many fine bands since 1878, but they have come and gone. The New Ulm Municipal Band has been around since 1946.

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LSS CAREGIVER SUPPORT & RESPITE SERVICES

Caregiver Support Groups



Christ the King Church
1515 N. Garden St.
New Ulm, MN 56073

**First and Third Thursdays
of Each Month**

1-2 p.m.

Kim Brehmer will be facilitating the third Thursdays.

Do you provide the primary care for a family member who is older or has an identified need or chronic condition? If so, this support group is for you!

LEARN MORE & GET STARTED

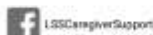
320.221.3747

Kim.Brehmer@lssmn.org

Benefits:

- Safe space to discuss experiences.
- Build a supportive network by connecting with other family caregivers.
- Receive information, training, tools and resources.
- Learn self-care tips.

We offer affordable fees designed to fit your budget and are committed to serving all caregivers regardless of one’s ability to pay.



LSS Caregiver Support & Respite Services receives funding from the Federal Older Americans Act through an award from the MNRAAG and DSAAG under an award approved by the MN Board on Aging.

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Living Well with Chronic Pain

Living Well with Chronic Pain is a group workshop designed to help people experiencing pain to better manage their symptoms and improve their daily lives.

Who Should Attend

- Anyone living with chronic pain
- Caregivers of those with chronic pain

What You’ll Learn

- Managing stress, isolation, fatigue and frustration
- Pacing activities and rest
- Appropriate use of medication
- Setting goals
- Problem solving
- Improving communication with family and health care team

Classes begin

Wednesday April 15th, 1 – 3 pm.

**& run for 6 consecutive
Wednesdays:**

April 15th, 22nd, 29th,

May 6th, 13th, 20th.

**New Ulm Senior Center
600 North German St.**

Classes are **FREE** of charge

Seating is limited

**Registration required by April 10th
by calling 507-458-9687**



ACTIVE AGING PROGRAMS

Catholic Charities of Southern MN

To learn more or to register contact:

Active Aging Programs 507.458.9687

Visit our website for more information: www.ccsomn.org

SAIL Exercise Classes

at the CAST Senior Center
Tuesdays and Fridays at 10:30am
May 1, 5, 8, 12, 15, 19, 22, 26, and 29



SAIL Exercise Classes are designed specifically for older adults and focus on strength, balance, and flexibility and aerobics. All exercises and aerobics can be done sitting or standing and are very adaptive. Classes consist of a warm up, aerobics, balance, strength, stretching, and an educational component. Performing exercises that improve strength, balance and fitness are the single most important activity that adults can do to stay active and reduce their chance of falling. Classes are free and open to the public. Newcomers always welcome! No preregistration required. Sponsored by Catholic Charities of Southern Minnesota.

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Join us for
BINGO
at the
**CAST Senior
Center**
Wednesdays
at 1pm!



May 6, 13, 20, & 27

Open to anyone age 21 and over. Held in the Cafetorium.
Only \$1 per card to play with no card maximum.
We play 18 regular plus 2 blackout games each week.
Cash payout is the number of cards sold
divided by the number of games we play.
The more players we have, and the more cards we sell,
the more payout you receive!

**Bring your friends
and let's play Bingo!**

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Friends in the Kitchen

Wednesday, May 13 at 11am

Cooking Classes at the CAST Senior Center, Room 111



Join us for our *Friends in the Kitchen* classes at the CAST Senior Center! Chef Renee Retzlaff will teach us to prepare three healthy, easy-to-make, inexpensive dishes. Attendees get to sample all the dishes and take home the recipes, too. Previous month's recipes are available by request. All are welcome to attend this free class. No pre-registration is required.

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Get 10% off your car insurance for three years!

Driver Discount Course

at the CAST Senior Center



Monday, May 18 at 1pm

Courses are from 1 to 5pm. Register today by calling the CAST office at 507-354-3212. Class size minimum is 15, maximum is 48 people. Classes are \$24 per person, payable on the day of class. Held in Room 112 at the CAST Senior Center, 600 North German Street, New Ulm, MN 56073.

Plan ahead and take the class well in advance of your insurance due date. Please allow 5 weeks to receive your completion certificate by mail. CAST is not responsible for the distribution of completion certificates. Provided by the Precision Driving Center, with instructor Steve Soeffker.



SENIOR DINING - MAY 2026

MON	TUES	WED	THURS	FRI
				01
Senior Dining and Meals on Wheels call 507-550-0741				Potato Crunch Fish Fillet w/ Tartar Sauce Mashed Sweet Potatoes Mixed Vegetables Wheat Dinner Roll w/ Margarine Snickerdoodle Cookie 1% Milk
04	05	06	07	08
Lasagna Rollup w/ Meat Sauce Green Beans Hot Spiced Apples Dinner Roll w/ Margarine Vanilla Wafers 1% Milk	Herb Baked Chicken Rice Pilaf Peas & Carrots Dinner Roll w/ Margarine Chocolate Pudding w/ Topping 1% Milk	Smothered Chopped Steak Baked Potato w/ Sour Cream Sliced Carrots Applesauce Cup Wheat Bread w/ Margarine 1% Milk	Scalloped Potatoes w/ Ham Whole Kernel Corn Tropical Fruit Cup Wheat Bread w/ Margarine Peanut Butter Cookie 1% Milk	Cheese Egg Bake Herb Diced Potatoes Peas & Carrots Dinner Roll w/ Margarine Chocolate Chip Cookie 1% Milk
11	12	13	14	15
Country Fried Chicken w/ Cream Gravy Mashed Potatoes Green Peas Wheat Bread w/ Margarine Sugar Cookie 1% Milk	Beef Cabbage Bake Sliced Carrots Cranberry Pear Sauce Dinner Roll w/ Margarine 1% Milk	Oven Roasted Turkey w/ Turkey Gravy Mashed Potatoes Whole Kernel Corn Wheat Bread w/ Margarine Gingersnap Cookie 1% Milk	Beef Goulash Mixed Vegetables Pumpkin Bar Dinner Roll w/ Margarine 1% Milk	Baked Pork Chop w/ Pork Gravy Scalloped Potatoes Diced Carrots Wheat Bread w/ Margarine Oatmeal Raisin Cookie 1% Milk
18	19	20	21	22
Tuna Noodle Casserole Green Beans Hot Spiced Apples Dinner Roll w/ Margarine Vanilla Pudding w/ Topping 1% Milk	Cheese Ravioli w/ Marinara Sauce Country Vegetable Blend Fruit Crumble Dinner Roll w/ Margarine 1% Milk	Salisbury Steak Mashed Potatoes w/ Brown Gravy Green Beans Dinner Roll w/ Margarine Vanilla Wafers 1% Milk	Tator Tot Hotdish Whole Kernel Corn Apple Crisp Wheat Bread w/ Margarine 1% Milk	Chicken Cordon Bleu Sliced Carrots Rice Pilaf Applesauce Cup Wheat Dinner Roll w/ Margarine 1% Milk
25	26	27	28	29
CLOSED 	Swedish Meatballs Mashed Potatoes w/ Brown Gravy Mixed Vegetables Dinner Roll w/ Margarine Chocolate Chip Cookie 1% Milk	Pork Roast w/ Pork Gravy Candied Yams Green Beans Wheat Bread w/ Margarine Vanilla Pudding w/ Topping 1% Milk	Chick Alfredo Peas and Carrots Hot Spiced Apples Dinner Roll w/ Margarine 1% Milk	Blueberry Pancakes w/ Margarine and Syrup Egg Patty Red Diced Potatoes Diced Peach Cup 1% Milk

ACTIVITIES & PROGRAMS - MAY 2026

MON	TUES	WED	THURS	FRI
				01
CAST Senior Center 600 N. German St. New Ulm, MN 56073 507-354-3212 castnu@newulmtel.net				10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)
04	05	06	07	08
9am Card Recycling (Room 111) 10:30am Scrabble (Room 109) 12:30pm Cribbage (Room 111) 1pm Hand and Foot (Room 109)	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Documentary Program (Room 112)	10:30am Mahjong (Room 109) 12:30pm Cribbage (Room 112) 1pm Bingo (Cafetorium) 1pm Chronic Pain Class (Room 111)	12:30pm Bridge/500 (Room 111) 1pm Hand and Foot (Room 109) 1pm Educational Program (Room 112)	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)
11	12	13	14	15
9am Card Recycling (Room 111) 10:30am Scrabble (Room 109) 12:30pm Cribbage (Room 111) 1pm Hand and Foot (Room 109)	10:30am Alzheimer's Caregiver Group (Room 15) 10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111B) 1pm Documentary Program (Room 112)	10:30am Mahjong (Room 109) 11am Friends in the Kitchen (Room 111) 12:30pm Cribbage (Room 112) 1pm Bingo (Cafetorium) 1pm Chronic Pain Class (Room 111)	12:30pm Bridge/500 (Room 111) 1pm Hand and Foot (Room 109) 1pm Educational Program	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)
18	19	20	21	22
9am Card Recycling (Room 111) 10:30am Scrabble (Room 109) 12:30pm Cribbage (Room 111) 1pm Hand and Foot (Room 109)	10:30am Exercise Class (Room 111) 12pm 500 Group (Room 111A) 12:30pm Sheephead (Room 111) 1pm Documentary Program (Room 112)	10:30am Mahjong (Room 109) 12:30pm Cribbage (Room 112) 1pm Bingo (Cafetorium) 1pm Chronic Pain Class (Room 111)	12:30pm Bridge/500 (Room 111) 1pm Hand and Foot (Room 109) 1pm Educational Program (Room 112)	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)
25	26	27	28	29
CLOSED 	10:30am Memory Café (Cafetorium) 10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Documentary Program (Room 112)	10:30am Mahjong (Room 109) 12:30pm Cribbage (Room 111) 1pm Bingo (Cafetorium)	11am Lunch & Learn w/ Senior Dining 12:30pm Bridge/500 (Room 111) 1pm Hand and Foot (Room 109)	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)

DOCUMENTARY PROGRAMS

MAY 2026 - CAST SENIOR CENTER

Our Documentary Programs are free and everyone is welcome to attend! No pre-registration required.

"The Mysteries of Earth's Largest Ocean - Big Pacific - Violent" (Part 2 of 5)

Tuesday, May 5 at 1pm at the CAST Senior Center, Room 112



Plunge into the Pacific with researchers and cinematographers and see the ocean's rare and dazzling creatures in a way never before seen. The show examines an ocean that covers a third of the Earth's surface. Violence, is part of life in the Pacific and those that live here must choose whether to avoid conflict or rise to meet it. The Pacific Ocean is a hunter's paradise. From the skies of Snake Island to the teeming tropics, animals are reinventing the delivery of death on a grand scale. Surrounded by the Ring of Fire, this ocean is the epicenter of natural mayhem. Provided by PBS. Run time: 54 minutes.

"Human: Into the Americas" (Part 4 of 5)

Tuesday, May 12 at 1pm at the CAST Senior Center, Room 112



Follow ancient humans' journey into an icy and perilous new land. Journey back to when humans first ventured into the Americas, a world teeming with colossal megafauna and dramatic climate shifts. Witness their ingenious survival tactics against formidable predators, and uncover the mystery of ancient footprints in the desert of White Sands.

See how these pioneers transformed from nomads to living in rooted communities, forever altering our world. Provided by PBS/NOVA. Run time: 53 minutes.

DOCUMENTARY PROGRAMS

MAY 2026 - CAST SENIOR CENTER

Our Documentary Programs are free and everyone is welcome to attend! No pre-registration required.

"7 Inexplicable Mysteries of Humanity: The Seven Greatest Riddles in History"

Tuesday, May 19 at 1pm at the CAST Senior Center, Room 112



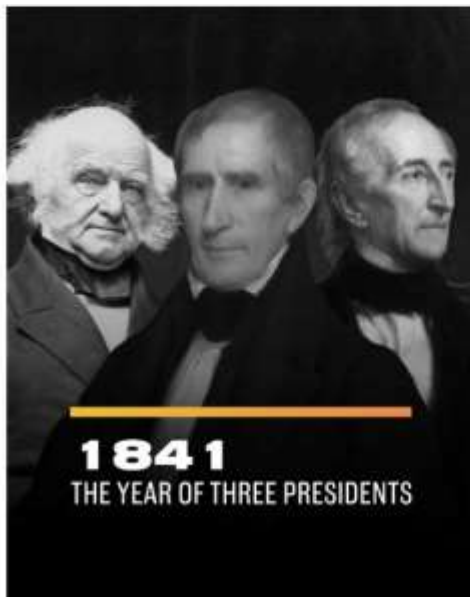
Archaeologists unearth ancient tombs and embark on underwater expeditions. The search brings us to Ancient Egypt, to Attila, the King of the Huns, and to the infamous Bermuda Triangle. Spanning everything – from historical figures to lost relics and modern urban legends. How much truth is there to them?

In this documentary, we get to the bottom of history's most popular myths, including: The Curse of the Pharaoh; Atlantis; The Holy Grail; The Treasure of the Nibe-

lung; The Search for Attila's Tomb; Werewolves; The Bermuda Triangle. Provided by Get.factual. Run time 54 minutes.

"1841: The Year of Three Presidents"

Tuesday, May 26 at 1pm at the CAST Senior Center Room 112



In 1841, there were three men in the White House: Martin Van Buren, who left office; William Henry Harrison, who died shortly after taking office; and John Tyler, who had been Harrison's vice president.

Some of the major political events of this time will sound quite familiar to contemporary Americans, such as a disputed election, a last-minute Supreme Court appointment, and a party divided between different leaders. In addition to the parallels between 1841 and contemporary American politics, Professor Bolt will discuss how a major political party, the Whigs, went from the dominant political party in America to a party that found itself on the road to extinction.

Provided by Curiosity U. Run time: 42 minutes.

MOVIE MATINEES FOR SENIORS

CAST SENIOR CENTER - MAY 2026

Our Movie Matinees are free and everyone is welcome to attend! No pre-registration required.

**NEW LOCATION! Beginning May 1,
our Friday MOVIE MATINEES will be held at
the CAST Senior Center in Room 112**



"The Sting" (1973)

Friday, May 1 at 1pm at the CAST Senior Center, Room 112

Starring Robert Redford, Paul Newman, Robert Shaw and Eileen Brennan, this 1973 period-piece drama was nominated for ten Academy Awards and won seven. It Also featured the songs, "The Entertainer" and "Raindrops Keep Falling on My Head". Following the murder of a mutual friend, aspiring con man Johnny Hooker (Robert Redford) teams up with old pro Henry Gondorff (Paul Newman) to take revenge on the ruthless crime boss responsible, Doyle Lonnegan (Robert Shaw). Hooker and Gondorff set about implementing an elaborate scheme, one so crafty that Lonnegan won't even know he's been swindled. As their big con unfolds, however, things don't go according to plan, requiring some last-minute improvisation by the undaunted duo. *Run time: 123 minutes. Produced by: Universal Pictures. Photo courtesy of: davinciemporium.com.*

Source: Amazon Prime. MPLC #504475525.



"Close Encounters of the Third Kind" (1977)

Friday, May 8 at 1pm
at the CAST Senior Center, Room 112

This movie is a 1977 American science fiction drama film written and directed by Steven Spielberg, starring Richard Dreyfuss, Melinda Dillon, Teri Garr, Bob Balaban, Cary Guffey, and François Truffaut. Nominated for nine Academy Awards and winner of two. The film depicts the story of Roy Neary, an everyday blue-collar worker in Indiana whose life changes after an encounter with an unidentified flying object (UFO), and Jillian Guiler, a single mother whose three-year-old son Barry is abducted during the same UFO manifestation. It is about a group of people who attempt to contact alien intelligence. Roy Neary (Richard Dreyfuss) witnesses an unidentified

flying object, and even has a "sunburn" from its bright lights to prove it. Roy refuses to accept an explanation for what he saw and is prepared to give up his life to pursue the truth about UFOs. Nominated for nine Academy Awards and winner of two. *Run time: 138 minutes. Produced by: Columbia Pictures. Photo courtesy of: IMDb. Source: Amazon Prime. MPLC #504475525.*

MOVIE MATINEES FOR SENIORS

CAST SENIOR CENTER - MAY 2026

Our Movie Matinees are free and everyone is welcome to attend! No pre-registration required.

**NEW LOCATION! Beginning May 1,
our Friday MOVIE MATINEES will be held at
the CAST Senior Center in Room 112!**



"All the President's Men" (1976)

Friday, May 15 at 1pm

at the CAST Senior Center, Room 112

This movie is a 1976 American biographical political thriller film directed by Alan J. Pakula, with a screenplay by William Goldman, about the Watergate scandal that brought down the presidency of Richard Nixon. Based on the 1974 non-fiction book by journalists Carl Bernstein and Bob Woodward, it stars Robert Redford and Dustin Hoffman as Woodward and Bernstein, respectively, as they investigate the scandal for The Washington Post. The film garnered critical acclaim upon its release, and was nominated in multiple Oscar, Golden Globe and BAFTA categories. In 2010, it was selected for preservation in the United States National Film Registry by the Library of Congress as being "culturally, historically, or aesthetically significant".

Run time: 138 minutes. Produced by: Wildwood Enterprises. Source: Amazon Prime. Photo courtesy of IMDb. MPLC #504475525.



"Airport" (1970)

Friday, May 22 at 1pm

at the CAST Senior Center, Room 112

This movie is a 1970 American disaster film written and directed by George Seaton, and distributed by Universal Pictures. Based on Arthur Hailey's 1968 novel. It features an ensemble cast of performers, led by Burt Lancaster and Dean Martin, and featuring Jean Seberg, Jacqueline Bisset, George Kennedy, Helen Hayes, Van Heflin, Maureen Stapleton, Barry Nelson, Lloyd Nolan, Dana Wynter and Barbara Hale. The film is about airport manager Mel Bakersfeld (Lancaster) trying to keep his airport open during a snowstorm, while suicide bomber D.O. Guerrero plots to blow up a Boeing 707 airliner in flight. It takes place at fictional Lincoln International Airport near Chicago (based on O'Hare International Airport).

Run time: 137 minutes. Produced by: Universal Pictures. Source: YouTube. Photo courtesy of IMDb. MPLC #504475525.

MOVIE MATINEES FOR SENIORS

CAST SENIOR CENTER - MAY 2026

Our Movie Matinees are free and everyone is welcome to attend! No pre-registration required.

NEW LOCATION! Starting May 1, our Friday MOVIE MATINEES will be held at the CAST Senior Center in Room 112!

The incredible attack on Pearl Harbor as told from both the American and Japanese sides.



"Tora! Tora! Tora!" (1970)

Friday, May 29 at 1pm

at the CAST Senior Center, Room 112

This movie is a 1970 epic war film that dramatizes the events leading up to the Japanese attack on Pearl Harbor in 1941, from both American and Japanese positions. The film was produced by Elmo Williams and directed by Richard Fleischer, Toshio Masuda and Kinji Fukasaku. It features an ensemble cast, including Martin Balsam, Joseph Cotten, So Yamamura, E.G. Marshall, James Whitmore, Tatsuya Mihashi, Takahiro Tamura, Wesley Addy, and Jason Robards. It was both Masuda's and Fukasaku's first English-language film and first international co-production. This dramatic retelling of the Pearl Harbor attack details everything in the days that led up to that tragic moment in American history. As United States and

Japanese relations strain over the U.S. embargo of raw materials, Air Staff Officer Minoru Genda (Tatsuya Mihashi) plans the preemptive strike against the United States. Although American intelligence agencies intercept Japanese communications hinting at the attack, they are unwilling to believe such a strike could ever occur on U.S. soil. *Run time: 144 minutes. Produced by 20th Century Fox.*

Source: Amazon Prime. Photo courtesy of ar.inspiredpencil.com. MPLC #504475525.

ABOUT OUR MOVIE MATINEES FOR SENIORS: JOIN US AT 1 PM ON FRIDAY AFTERNOONS FOR CAST'S MOVIES. WE SHOW A WIDE VARIETY OF FILMS FROM THE 1930S TO TODAY, FEATURING A DIFFERENT DECADE EACH MONTH, PLUS HOLIDAY SPECIALS AND REQUESTS.

HELD AT THE CAST SENIOR CENTER IN ROOM 112. OUR MOVIES ARE FREE, AND EVERYONE AGE 55+ IS WELCOME TO ATTEND. NO PREREGISTRATION NEEDED. YOU'RE WELCOME TO BRING YOUR OWN REFRESHMENTS, OR THERE ARE VENDING MACHINES LOCATED IN THE MAIN HALLWAY. SEE SOME OLD FAVORITES AND DISCOVER SOME NEW ONES.

DON'T MISS A FUN AFTERNOON OF CLASSIC CINEMA!

CAST SENIOR CENTER - 600 NORTH GERMAN STREET - NEW ULM, MN 56073 - 507-354-3212

CASTNU@NEWULMTEL.NET - WWW.COMMUNITYANDSENIORSTOGETHER.ORG

CAST Educational Programs are free and open to the public. No pre-registration required.

EDUCATIONAL PROGRAMS

CAST SENIOR CENTER - MAY 2026

"World War II: The Homefront" with Carla Fjeld

Thursday, May 7 at 1pm at the CAST Senior Center, Room 112



Photo courtesy of the Richfield Historical Society

What went on at home in Brown County during WWI? Join us as Carla Fjeld, BCHS volunteer, talks about life on the home front.

While our men went off to fight, those at home played a crucial role as well. They lived with strict rationing of tires, gas, sugar and much more. Goods like cars, appliances and toys disappeared. They collected paper, tin, and milkweed, all for the war effort. In spite of all this, they remained committed to the principle, "We are all in this together". Come learn about this resilient period in time on Thursday, May 7 at 1:00 p.m. Program provided by the Brown County Historical Society.

"Stories of America's National Parks: Saving the Desert in Death Valley and White Sands: A Landscape of Warfare" (parts 11 and 12 of 12)

Thursday, May 14 at 2pm at the CAST Senior Center, Room 112



Saving the Desert in Death Valley

Return above ground to the harsh deserts of Death Valley National Park, which at 3.4 million acres is the largest national park in the continental United States. In addition to its size, the park is known for its extreme weather conditions and its dark sky views at night. Delve into this wonder of contradictions.

White Sands: A Landscape of Warfare

Your course wraps up with a look at White Sands National Park. Located amid desert dunes in New Mexico, the history of White Sands ranges from Indigenous hunting and gathering to the US military's atomic bomb tests in the 1940s—a testament to the complexity of interaction between human and natural worlds.

Provided by Great Courses Plus. Run time: 60 minutes.

Photos courtesy of Great Courses Plus



CAST Educational Programs are free and open to the public. No pre-registration required.

EDUCATIONAL PROGRAMS

"Educating the Jury" - part 2 of 5 - with Dave Borchert

Thursday, May 21 at 1pm at the CAST Senior Center, Room 112



Join for this 5-part series on Educating the Jury, presented by New Ulm Chief of Police Dave Borchert. Held monthly from April through August on the third Thursday of the month (April 16, May 21, June 18, July 16 and August 20) in Room 112. Programs do not have to be attended consecutively. The series involves different topics to include: Constitutional law and application within law enforcement in today's era: Investigative techniques; Evidence capture;



Resources (example: K-9 and Drones) available and how that's applied to include opportunities and restrictions concerning application within the profession; Sanctuary Cities; ICE Enforcement; Enforcing Voting Rules; Conflict between federal & state and how that applies to local law enforcement at the county/city level. *Photos courtesy of picpedia.com and mankatofreepress.com.*

"On Trial for Murder: America's Most Famous Murder Trials: Murder at Madison Square Garden and Their Cause Is Just: The Haywood Trial" (parts 1 and 2 of 10)

Thursday, May 28 at 1pm at the CAST Senior Center, Room 112



Murder at Madison Square Garden: Step back to the Gilded Age in New York City, to a night in 1906 at Madison Square Garden, when millionaire Harry Thaw murdered the man who defiled his wife, starlet Evelyn Nesbit, years earlier. What appears to be a clearcut case of cold-blooded murder devolved into a sensational trial over the novel "insanity defense." Run time: 36 minutes.



"Their Cause Is Just": The Haywood Trial: Your next stop is Western Idaho, where class conflicts between the miners' union and the government turned deadly when a planted bomb killed former governor Frank Steunenberg. When Pinkerton investigator James McParland extracted a confession from the bomber, the stage was set to put union leader William "Big Bill" Haywood on trial. Run time: 31 minutes.

Provided by Great Courses Plus.

Photos courtesy of Great Courses Plus.

NEW ULM COMMUNITY ACCESS TELEVISION (NUCAT) SCHEDULE

Events

From 5/3 to 5/9/26

- Religious
- Public
- NUCAT
- Government
- Outside Programming
- Scheduled Reminders
- ISD 88

May 2026							June 2026						
T	W	T	F	S	S	M	T	W	T	F	S	S	M
			1	2	3	4							1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30						

Sunday, May 3

• Events

- 12:00AM to 1:45AM The Concord Singers Fall Concert at State Street Theater
- 2:00AM to 3:30AM The Infamous Dakota War Trials of 1862
- 3:30AM to 5:30AM Board of Brown County Commissioners
- 5:30AM to 6:30AM Polka Tuesday's at Benny's Bar - Chad and Cameron Mack
- 6:30AM to 7:00AM Time of Grace
- 7:00AM to 7:30AM The Garage
- 7:30AM to 9:00AM New Beginnings Church
- 9:00AM to 10:00AM First United Methodist
- 10:00AM to 11:00AM MLC Wind Symphony "The Lord, My Salvation"
- 11:00AM to 12:00PM Cathedral Mass
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 1:00PM NASA Presentations
- 1:30PM to 3:30PM Lenny's Classic Videos
- 4:00PM to 5:00PM First Baptist Church
- 5:00PM to 6:00PM Redeemer Lutheran Church
- 6:00PM to 7:15PM City Council (replay)
- 7:30PM to 9:30PM Lenny's Classic Videos
- 9:30PM to 10:00PM Concertina Styles & Smiles
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 11:30PM Hermannfest 2025 - Thunder in the Valley

Monday, May 4

• Events

- 12:00AM to 2:15AM Fraud Seminar
- 3:00AM to 4:45AM Something Artsy
- 5:00AM to 6:30AM New Ulm Municipal Band at State Street Theater
- 6:30AM to 7:00AM Public Utilities Commission
- 7:00AM to 7:30AM Monuments & Cemetery Commission
- 7:30AM to 8:00AM Park & Recreation Commission
- 8:00AM to 8:30AM Economic Development Authority
- 8:30AM to 9:00AM Sister Cities Commission
- 9:00AM to 10:30AM Living Without Limits - Autism Spectrum Disorder
- 11:00AM to 12:00PM Minnesota Outdoor Skills & Stewardship Series
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 1:00PM Capitol Report
- 1:00PM to 2:45PM Something Artsy
- 3:30PM to 4:00PM Diocese of New Ulm Presentation
- 4:00PM to 4:30PM MLC Daily Service
- 5:00PM to 6:00PM Cathedral Mass
- 6:00PM to 7:00PM St. John's Lutheran
- 7:00PM to 8:00PM Our Savior's Lutheran
- 8:30PM to 9:00PM Time of Grace

- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 11:30PM Don't Forget To Read The Instructions

Tuesday, May 5

• Events

- 12:00AM to 1:00AM Where the Big Woods Meets the Prairie
- 1:00AM to 1:30AM Concertina Styles & Smiles
- 1:30AM to 4:00AM Concerts in the Park 2011 | Larry Mages and the Mages Family Band
- 4:00AM to 6:00AM Lenny's Classic Videos
- 6:00AM to 7:30AM New Ulm Municipal Band at State Street Theater
- 8:00AM to 10:00AM Board of Brown County Commissioners
- 10:00AM to 11:00AM Christ the King
- 11:00AM to 12:00PM Where the Big Woods Meets the Prairie
- 12:00PM to 12:30PM Community Bulletin Board
- 1:00PM to 2:00PM St. John's Lutheran
- 2:00PM to 3:00PM Hermannfest 2025 - Thunder in the Valley
- 3:00PM to 3:30PM The New Ulm Forum
- 3:30PM to 4:00PM Concertina Styles & Smiles
- 4:00PM to 4:30PM MLC Daily Service
- 4:30PM to 6:00PM City Council (LIVE)
- 7:00PM to 8:30PM City Council (replay)
- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 12:00AM (5/6) Something Artsy

Wednesday, May 6

• Events

- 12:00AM to 1:00AM Environment and Neighbor Friendly Yards
- 1:00AM to 2:00AM Minnesota Outdoor Skills & Stewardship Series
- 2:00AM to 3:00AM UFO Minnesota with Chad Lewis
- 3:15AM to 3:45AM Airport Commission
- 3:45AM to 4:15AM Safety Commission
- 4:15AM to 4:45AM Sister Cities Commission
- 4:45AM to 6:00AM City Council (replay)
- 6:00AM to 6:30AM Economic Development Authority
- 6:30AM to 7:00AM Concertina Styles & Smiles
- 7:00AM to 8:00AM Over 60 Band at The New Ulm Community Center
- 8:30AM to 10:00AM New Beginnings Church
- 10:00AM to 11:00AM St. Paul's Lutheran
- 11:00AM to 11:30AM Economic Development Authority
- 11:30AM to 11:45AM Sister Cities Commission
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 1:00PM Planning Commission
- 1:00PM to 1:45PM Park & Recreation Commission

NEW ULM COMMUNITY ACCESS TELEVISION (NUCAT) SCHEDULE

Events

From 5/3 to 5/9/26

- Religious
- Public
- NUCAT
- Government
- Outside Programming
- Scheduled Reminders
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May 2026							June 2026						
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19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30						

- 2:00PM to 4:00PM Grant Writing Workshop
- 4:00PM to 4:30PM MLC Daily Service
- 5:00PM to 6:00PM Christ the King
- 6:00PM to 7:00PM First United Methodist
- 7:00PM to 8:00PM St. Paul's Lutheran
- 8:00PM to 9:00PM Grace Lutheran
- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 11:45PM Educating the Jury

Thursday, May 7

• Events

- 12:00AM to 1:00AM Noon Tunes – Lori Jean & Dick Kimmel (2015)
- 1:00AM to 2:00AM NU Film Society Talk Show
- 2:00AM to 3:00AM Don't Forget To Read The Instructions
- 3:15AM to 3:45AM Concertina Styles & Smiles
- 3:45AM to 4:15AM Airport Commission
- 4:15AM to 5:15AM Human Rights Commission
- 5:15AM to 5:45AM Monuments & Cemetery Commission
- 5:45AM to 6:30AM Library Board
- 6:30AM to 7:00AM Planning Commission
- 7:00AM to 7:45AM BCHS Presents – Remembering the Rapidan Dam
- 8:00AM to 9:00AM Cathedral Mass
- 9:30AM to 10:00AM Diocese of New Ulm Presentation
- 10:00AM to 11:00AM St. John's Lutheran
- 11:00AM to 12:00PM Redeemer Lutheran Church
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 2:15PM Something Artsy
- 3:00PM to 4:00PM ISD 88 School Board Meeting (replay)
- 4:00PM to 4:30PM MLC Daily Service
- 5:00PM to 6:00PM Our Savior's Lutheran
- 6:00PM to 7:00PM Over 60 Band at The New Ulm Community Center
- 7:00PM to 9:00PM First Baptist Church
- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 12:00AM (5/8) Living Without Limits – Autism Spectrum Disorder

Friday, May 8

• Events

- 12:00AM to 1:30AM Lunch & a Bite of History – Military Uniforms of WWI with Doug Bekke
- 1:30AM to 3:45AM Fraud Seminar
- 4:00AM to 4:30AM Park & Recreation Commission
- 4:30AM to 5:00AM Safety Commission
- 5:00AM to 6:00AM Tree Commission

- 6:00AM to 6:30AM Heritage Preservation Commission
- 6:30AM to 7:00AM Public Utilities Commission
- 7:00AM to 9:00AM Lenny's Classic Videos
- 9:00AM to 10:00AM Minnesota Outdoor Skills & Stewardship Series
- 10:00AM to 10:45AM Transportation Advisory Committee
- 10:45AM to 12:00PM City Council (replay)
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 1:30PM Tree Commission
- 1:30PM to 2:00PM Public Utilities Commission
- 2:00PM to 2:30PM Heritage Preservation Commission
- 2:30PM to 3:00PM Monuments & Cemetery Commission
- 3:00PM to 3:45PM Library Board
- 4:00PM to 4:30PM MLC Daily Service
- 5:00PM to 5:30PM The Garage
- 5:30PM to 6:00PM NASA Presentations
- 6:00PM to 7:15PM Educating the Jury
- 7:30PM to 8:00PM Behind the Game
- 8:00PM to 8:30PM Beyond Today
- 8:30PM to 9:00PM The Process
- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 11:30PM NU Film Society Talk Show

Saturday, May 9

• Events

- 12:00AM to 1:30AM Public Domain Films
- 1:30AM to 2:45AM Educating the Jury
- 2:45AM to 4:15AM Living Without Limits – Autism Spectrum Disorder
- 4:30AM to 6:30AM Grant Writing Workshop
- 6:30AM to 8:15AM The Concord Singers Fall Concert at State Street Theater
- 8:30AM to 9:15AM Concerts in the Park 2025: Riffin' Griffin
- 9:30AM to 11:30AM Lenny's Classic Videos
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 2:30PM New Ulm Figure Skating Presents Oz on Ice
- 3:00PM to 3:30PM The New Ulm Forum
- 3:30PM to 5:00PM New Ulm Municipal Band at State Street Theater
- 5:00PM to 6:00PM Polka Tuesday's at Benny's Bar – Chad and Cameron Mack
- 6:30PM to 7:00PM Behind the Game
- 7:00PM to 8:45PM Something Artsy
- 9:00PM to 10:00PM Don't Forget To Read The Instructions
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 12:00AM (5/10) Public Domain Films

CONCERTS IN THE PARK

Live Performances by local talent

German Park
200 N German St., New Ulm

Thursdays at 7 p.m.

- June 4 - Concord Singers
- June 11 - On Maryland
- June 18 - The Cousins
- June 25 - Angie Anderson & Kelly Coyle
- July 2 - Lake Crystal Community Band
- July 9 - Wendinger Band
- July 16 - Tim Fast
- July 23 - The Ken & Ken Show
- July 30 - Hobo Band
- August 6 - Mages Band
- August 13 - Chris and Chris
- August 20 - Molly & Sony Boy
- August 27 - The Dead Century

FREE

www.newulmmn.gov

PRAIRIE LAKES regional arts council
City of New Ulm Park & Recreation Putting Smiles on Faces
KNUJ 880am • knuj.net • 57.3fm

This activity is made possible by the votes of Minnesota through a grant from the Prairie Lakes Regional Arts Council, thanks to a legislative appropriation from the Arts and Cultural Heritage Fund.

MAY MEETINGS

To better accommodate everyone's schedules, the **CAST Board of Directors** meeting for May has been moved from May 21 to **Thursday, May 28 at 9am.**

The **Finance Committee** meeting also has been moved, from May 21 to **Thursday, May 29 at 10am.**

Both meetings will be held in Room 111 at the CAST Senior Center.

JOIN US FOR BINGO ON WEDNESDAYS AT 1PM!

BROWN COUNTY HEARTLAND EXPRESS BUS SERVICE



Tokens for the Brown County Heartland Bus Service are available for sale at the **Senior Dining** office (**8am -12pm**). 10 Blue Tokens are \$6.50, for rides to/from the Senior Center only. 10 White Tokens are \$13, for rides wherever the bus travels. Call the dispatch office, Monday through Friday between the hours of 8am-3pm at 507-359-2717 to schedule your ride. Requests need to be made at least one business day in advance of your needed ride.

THE CAST SENIOR CENTER PARTNERS WITH THE CITY OF NEW ULM, THE PARK AND RECREATION DEPARTMENT, THE NEW ULM PUBLIC LIBRARY, THE UNITED WAY OF THE BROWN COUNTY AREA, THE NEW ULM AREA FOUNDATION, NEW ULM COMMUNITY EDUCATION, CATHOLIC CHARITIES AND LUTHERAN SOCIAL SERVICES TO BRING YOU ACTIVITIES AND PROGRAMMING. WE THANK THEM FOR THEIR SUPPORT!



New Ulm Area Foundation, Inc.

