



CAST SENIOR CENTER WEEKLY NEWS



600 N. GERMAN ST. - NEW ULM, MN 56073 - 507-354-3212 - CASTNU@NEWULMTEL.NET - WWW.COMMUNITYANDSENIORSTOGETHER.ORG

DOCUMENTARY PROGRAM

Liberty! The Times That Try Men's Souls"
1776-1777 (part 3 of 6)

Tuesday, October 6 at 1pm,
at the CAST Senior Center, Room 112



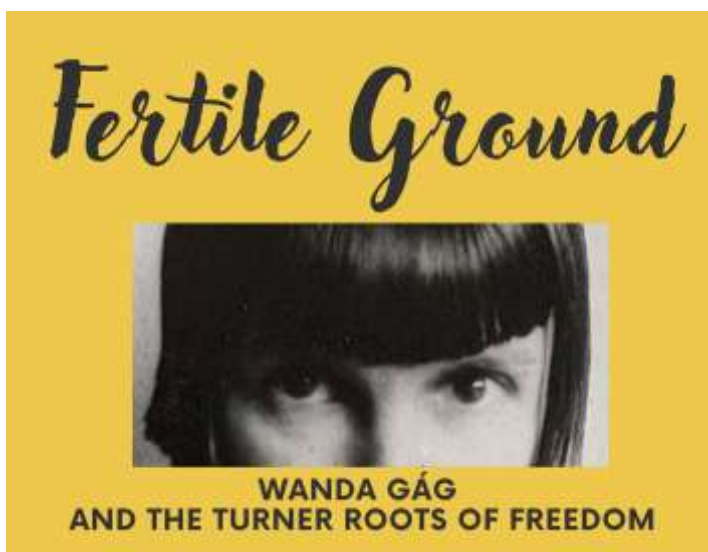
"Liberty! The American Revolution" is a six-part series of one-hour documentaries. It describes how the American Revolution evolved and how a new nation was born in the aftermath of the Revolutionary War, using actors, Revolutionary era scholars, and eyewitness accounts of the time. "The Times That Try Men's Souls" 1776-1777. Days after the Declaration of Independence is signed, a British force arrives in New York harbor. Washington and his troops are driven to New Jersey. With only a few days of enlistment left for many of his volunteers, a desperate Washington leads his army quietly across the Delaware River on the day after Christmas, 1776, to mount a surprise attack on a sleeping garrison in Trenton. *Photo and provided by PBS/YouTube. Run time: 58 minutes. MPLC #504475525.*

SPECIAL EDUCATIONAL PROGRAM

"On Fertile Ground - Wanda Gág and the Turner Roots of Freedom"

with Alexander Roth

Thursday, October 8 at 1pm
at the CAST Senior Center, Room 112



This Educational Program is free and open to the public. No pre-registration required.

Alexander Roth will delve into the idea that Wanda Gág's art did not emerge in isolation. It grew from fertile ground, cultivated by the radical ideals, communal practices, and educational philosophies of the Turnverein movement that shaped her family and her hometown of New Ulm.

Roth's talk moves beyond Wanda's "cat woman" image to highlight: her belief that children should access great art regardless of class, her political resilience and connections to progressive circles, including Georgia O'Keeffe and Diego Rivera, and the influence of her father, Anton Gág, a Turner and artist, who taught her painting techniques. See page 11 for full details.

Alzheimer's Caregiver Support Group



Tuesday, October 14, 2025

10:30-12pm

at the CAST Senior Center

Room 15 (downstairs)

This Support Group is free and all are welcome to attend.
No preregistration required. Room opens at 10am.

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Introducing

SUNSHINE SINGERS

Opportunity for those with Dementia or Parkinson's Disease, their Caregivers and the Supportive Community that surrounds them!

Inclusive, Safe and
Welcoming
Environment to come
Together and

Sing!

*no previous music or choir
experience necessary!*



Volunteer to sing with us!

*Fun * Rewarding * Flexible*

**First 6 WEEK
SESSION**

Thursdays

October
15, 22, 29

November
5, 12, 19

CAST Senior Center
600 North German St.

For more information or to register please contact:

Anna, Karla or Geri

sunshinesingers.nu@gmail.com

Anna: 507-276-4882, Karla: 507-354-3187 Geri: 507-217-3610



Scrabble

Mondays at 10:30am

October 4, 11, 18, and 25

at the CAST Senior Center, Room 111

Join us for a fun morning of this classic word game!
Never played? Come and learn - all skill levels are welcome.
There is no cost to play and no need to pre-register.

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Mahjong

Wednesdays at 10:30am

October 7, 14, 21, and 28

CAST Senior Center, Room 109

Beginners welcome! Come and learn!

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SAIL Exercise Classes

Tuesdays and Fridays at 10:30am
October 6, 9, 13, 16, 20, 23, 27, and 30

Our exercise classes are designed specifically for older adults and focus on strength, balance, and flexibility and aerobics. All exercises and aerobics can be done sitting or standing and are very adaptive. Classes consist of a warm up, aerobics, balance, strength, stretching, and an educational component. Performing exercises that improve strength, balance and fitness are the single most important activity that adults can do to stay active and reduce their chance of falling.

Classes are free and open to the public. Newcomers always welcome! No pre-registration required. Sponsored by Catholic Charities of Southern Minnesota.



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BINGO at the CAST Senior Center
Wednesdays, October 7, 14, 21, & 28



Held in the Cafetorium at the CAST Senior Center/New Ulm Community Center.

Only \$1 per card to play with no card maximum.

We play 18 regular games plus 2 blackout games. Cash payout is what we take in divided by the number of games we play.

The more players we have and the more cards we sell, the more payout you receive!

Bring your friends and let's play Bingo!

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Friends in the Kitchen

Wednesday, October 14 at 11am

Cooking Classes at the CAST Senior Center, Room 111



Join us for our Friends in the Kitchen classes at the CAST Senior Center! Chef Renee Retzlaff will teach us to prepare three healthy, easy-to-make, inexpensive dishes. Attendees get to sample all the dishes and take home the recipes, too. Previous month's recipes are available by request. All are welcome to attend this free class. No pre-registration is required.

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Greeting Card Recycling



Mondays 9am-12pm

October 5, 12, 19, and 26

at the CAST Senior Center, Room 111

Join us! No experience necessary, and all supplies are provided. No need to preregister. Everyone is welcome!

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SENIOR DINING - OCTOBER 2026

MON	TUES	WED	THURS	FRI
			01	02
<i>Senior Dining and Meals on Wheels call 507-550-0741</i>			Beef Goulash Mixed Vegetables Pumpkin Bar Dinner Roll w/ Margarine 1% Milk	Baked Pork Chop w/ Pork Gravy Scalloped Potatoes Diced Carrots Wheat Bread w/ Margarine Oatmeal Raisin Cookie 1% Milk
05	06	07	08	09
Spaghetti w/ Meat Sauce Green Peas Hot Spiced Potatoes Dinner Roll w/ Margarine Vanilla Pudding w. Topping 1% Milk	Sloppy Joe on Bun Diced Sweet Potatoes Fruit Crumble Margarine 1% Milk	Salisbury Steak Mashed Potatoes w/ Brown Gravy Green Beans Dinner Roll w/ Margarine Fruited Jello 1% Milk	Tater Tot Hotdish Whole Kernel Corn Apple Crisp Wheat Bread w/ Margarine 1% Milk	Chicken Cordon Bleu Sliced Carrots Rice Pilaf Applesauce Cup Wheat Dinner Roll w/ Margarine 1% Milk
12	13	14	15	16
Chef's Choice Vegetable of the Day Fruit of Choice Dessert of the Day Wheat Bread w/ Margarine 1% Milk	Swedish Meatballs Mashed Potatoes w/ Brown Gravy Mixed Vegetables Dinner Roll w/ Margarine Chocolate Chip Cookie 1% Milk	Pork Roast w/ Pork Gravy Candied Yams Green Beans Wheat Bread w/ Margarine Butterscotch Pudding w/ Topping 1% Milk	Beef Sheperd's Pie Peas & Carrots Hot Spiced Apples Dinner Roll w/ Margarine 1% Milk	Cheese Omelet Sausage Links Red Diced Potatoes Diced Peach Cup Margarine 1% Milk
19	20	21	22	23
BBQ Chicken Breast Scalloped Potatoes Green Peas Wheat Bread w/ Margarine Brownie 1% Milk	Diced Turkey w/ Gravy Mashed Potatoes Stuffing Whole Kernel Corn Diced Peach Cup Dinner Roll w/ Margarine 1% Milk	Meatloaf Baked Potato w/ Margarine & Sour Cream Broccoli Applesauce Cup Wheat Bread 1% Milk	Country Pork Tips w/ Gravy Egg Noodles Sliced Carrots Peach Crisp Dinner Roll w/ Margarine 1% Milk	Potato Crunch Fish Fillet w/ Tartar Sauce Mashed Sweet Potatoes Mixed Vegetables Wheat Dinner Roll w/ Margarine Snickerdoodle Cookie 1% Milk
26	27	28	29	30
Beef Hamburger on Bun w/ ketchup & mustard Baked Beans Rosemary Garlic Potatoes Fruited Jello 1% Milk	Chicken Fajitas Spanish Rice Black Beans Flour Tortillas Taco Sauce Chocolate Pudding w/ Topping 1% Milk	Smothered Chopped Steak Mashed Potatoes w/ Sour Cream Sliced Carrots Applesauce Cup Wheat Bread w/ Margarine 1% Milk	Scalloped Potatoes w/ Ham Whole Kernel Corn Apple Cobbler Wheat Bread w/ Margarine 1% Milk	Beef Lasagna Peas & Carrots Hot Spiced Apples Dinner Roll w/ Margarine Vanilla Wafers 1% Milk

ACTIVITIES & PROGRAMS - OCTOBER 2026

MON	TUES	WED	THURS	FRI
<i>CAST Senior Center</i> 600 N. German St - New Ulm, MN 56073 507-354-3212 - castnu@newulmtel.net www.communityandseniorstogether.org			01	02
			12:30pm Bridge/500 (Room 111) 1pm Hand and Foot (Room 109) 1pm Educational Program (Room 112)	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)
05	06	07	08	09
9am Card Recycling (Room 111) 10:30am Scrabble (Room 111) 12:30pm Cribbage (Room 111) 1pm Hand and Foot (Room 109)	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Documentary Program (Room 112)	10:30am Mahjong (Room 109) 12:30pm Cribbage (Room 112) 1pm Bingo (Cafetorium)	12:30pm Bridge/500 (Room 111) 1pm Hand and Foot (Room 109) 1pm Educational Program (Room 112)	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)
12	13	14	15	16
9am Card Recycling (Room 111) 10:30am Scrabble (Room 111) 12:30pm Cribbage (Room 111) 1pm Hand and Foot (Room 109)	10:30am Alzheimer's Caregiver Group 10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111B) 1pm Documentary Program (Room 112)	10:30am Mahjong (Room 109) 11am Friends in the Kitchen (Room 111) 12:30pm Cribbage (Room 112) 1pm Bingo (Cafetorium)	10am Sunshine Singers (Cafetorium) 12:30pm Bridge/500 (Room 111) 1pm Hand and Foot (Room 109) 1pm Educational Program (Room 112)	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)
19	20	21	22	23
9am Card Recycling (Room 111) 10:30am Scrabble (Room 111) 12:30pm Cribbage (Room 111) 1pm Hand and Foot (Room 109)	10:30am Exercise Class (Room 111) 12pm 500 Group (Room 111A) 12:30pm Sheephead (Room 111B) 1pm Documentary Program (Room 112)	10:30am Mahjong (Room 109) 12:30pm Cribbage (Room 112) 1pm Bingo (Cafetorium)	10am Sunshine Singers (Cafetorium) 12:30pm Bridge/500 (Room 111) 1pm Hand and Foot (Room 109) 1pm Educational Program	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)
26	27	28	29	30
9am Card Recycling (Room 111) 10am Compassionate Care Class 10:30am Scrabble (Room 111) 12:30pm Cribbage (Room 111) 1pm Hand and Foot (Room 109)	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Documentary Program (Room 112)	10:30am Mahjong (Room 109) 12:30pm Cribbage (Room 112) 1pm Bingo (Cafetorium)	10am Sunshine Singers (Cafetorium) 12:30pm Bridge/500 (Room 111) 1pm Hand and Foot (Room 109) 1pm Educational Program	10:30am Exercise Class (Room 111) 12:30pm Sheephead (Room 111) 1pm Movie Matinee (Room 112)

DOCUMENTARY PROGRAMS

OCTOBER 2026 - CAST SENIOR CENTER

"Liberty! The Times That Try Men's Souls" 1776-1777 (part 3 of 6)

Tuesday, October 6 at 1pm, CAST Senior Center, Room 112



"Liberty! The American Revolution" is a six-part series of one-hour documentaries. It describes how the American Revolution evolved and how a new nation was born in the aftermath of the Revolutionary War, using actors, Revolutionary era scholars, and eyewitness accounts of the time. "The Times That Try Men's Souls" 1776-1777.

Days after the Declaration of Independence

is signed, a British force arrives in New York harbor. Washington and his troops are driven to New Jersey. With only a few days of enlistment left for many of his volunteers, a desperate Washington leads his army quietly across the Delaware River on the day after Christmas, 1776, to mount a surprise attack on a sleeping garrison in Trenton. *Photo and provided by PBS/YouTube. Run time: 58 minutes. MPLC #504475525.*

"Red October: Lenin & The Russian Revolution"

Tuesday, October 13 at 1pm, CAST Senior Center, Room 112



The Russian Revolution of 1917, which occurred during the reign of Czar Nicholas II, was one of the most explosive political events of the 20th century. The violent uprising marked the end of the Romanov dynasty and centuries of Russian imperial rule. Economic hardship, food shortages and government corruption all contributed to disillusionment with Nicholas II. During

the Russian Revolution, the Bolsheviks—led by leftist revolutionary Vladimir Lenin—seized power, murdered the Romanov family and destroyed the tradition of czarist rule. The Bolsheviks would become the Communist Party of the newly formed Soviet Union. *Photo and provided by YouTube/People Profilers. Run time: 67 minutes. MPLC #504475525.*

DOCUMENTARY PROGRAMS

OCTOBER 2026 - CAST SENIOR CENTER

"Mount Rushmore National Memorial"

Tuesday, October 20 at 1pm, CAST Senior Center, Room 112



High on a granite cliff in South Dakota's Black Hills tower four huge carved faces of American presidents. But is Mount Rushmore a monstrosity, or a masterpiece?

A temperamental artist, Gutzon Borglum, propelled the project by sheer talent and guts, even as his ego and obsession threatened to tear it apart. Relive the hucksterism of his massive *public works project*

during the Great Depression.

Photo and provided by YouTube/National TV. Run time 52 minutes. MPLC #504475525.

"The Story of China with Michael Wood - The Ming Dynasty" (part 4 of 6)

Tuesday, October 27 at 1pm, CAST Senior Center, Room 112



The Ming Dynasty was the time of the Great Wall and the Forbidden City, when China sent treasure ships on ocean voyages to Africa and the Persian Gulf. In Nanjing Michael Wood sees the building of a huge replica of a Ming ocean-going junk.

In Suzhou the 'Venice of China', he explores the silk industry, ceramics and lacquer-

making, and visits one of China's most beautiful gardens. Then in Macao, the arrival of Jesuit missionary Matteo Ricci begins China's fateful modern exchanges with the West. *Photo and provided by PBS/YouTube. Run time: 55 minutes. MPLC*

#504475525.

OUR DOCUMENTARY PROGRAMS ARE HELD ON TUESDAYS AT 1PM
IN ROOM 112 AT THE CAST SENIOR CENTER.
THEY ARE FREE AND OPEN TO THE PUBLIC. NO PRE-REGISTRATION REQUIRED.

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MOVIE MATINEES

CAST SENIOR CENTER - OCTOBER 2026

Our Movie Matinees are free and everyone is welcome to attend! No pre-registration required.



"The Gods Must Be Crazy" (1990)

Friday, October 2 at 1pm at the CAST Senior Center, Room 112

A unique film with a brilliant combination of slapstick, subtle humor, wonderful music, brilliant wildlife and scenic shots, all beautifully woven into a piece in an almost "road-style" movie around the adventures of a bushman. Like any story, there are some aspects which are slightly unbelievable if you stop to think - but the skill of the film is that it is sufficiently convincing to suspend such disbelief whilst you watch. The message of the film is brilliantly presented, subtly challenging the belief that white civilization has all the answers, gently poking fun at many of our western assumptions (no idea why anyone thinks it's racist - it may be the opposite)! Some of the high points are the scenery, the wildlife, and the African huts, children and music. This is a classic that will bear watching

time and time again, and so different from the run of the mill films generally churned out.

Provided by and picture courtesy of Amazon Prime Video. Run time: 109 minutes. MPLC #504475525



"The Blues Brothers" (1980)

Friday, October 9 at 1pm at the CAST Senior Center, Room 112

The plot has Jake (Belushi) and Elwood Blues (Aykroyd) on "a mission from God" to save the orphanage where they grew up. This necessitates reassembling their blues band and going on tour. By going on tour, I mean making a mess of everything. Whether it's their boorish behavior in a ritzy restaurant, the demolition of a mall, or an infinite number of car crashes, these guys are the bane of orderly society. Of course, the real star is the music. Making guest appearances are some of the twentieth century's most renowned artists. Ray Charles plays a music store owner, James Brown plays a preacher, Aretha Franklin plays The Soul Food Cafe owner, and there's many more. This movie reminds us why the blues remain an integral part of our national heritage. The big concert is

probably the best example (especially with Elwood's crazy dance).

Also appearing are Carrie Fisher as a woman out to kill Jake, John Candy as the police chief chasing them, Henry Gibson as an Illinois Nazi out to get Jake and Elwood after a most unusual encounter, and Steven Spielberg as the Cook County Clerk. All in all, this is one movie that won't disappoint you. *Picture courtesy of The Movie Database. Provided by Amazon Prime. Run time: 133 minutes. MPLC #504475525.*

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MOVIE MATINEES

CAST SENIOR CENTER - OCTOBER 2026

Our Movie Matinees are free and everyone is welcome to attend! No pre-registration required.



"9 to 5" (1980) 105 minutes

Friday, October 16 at 1pm at the CAST Senior Center, Room 112

Reviewers say '9 to 5' delivers a hilarious workplace comedy powered by exceptional chemistry between Dolly Parton, Lily Tomlin, and Jane Fonda, whose individual performances shine brilliantly. Parton's iconic title song and the film's sharp feminist commentary remain timeless. While the first half earns consistent praise for its humor and energy, some reviewers felt the writing lost momentum in the second half, becoming contrived and less engaging. Despite mixed opinions on pacing, the film's charm and rewatchability make it an enduring comedy classic. *Picture courtesy of and provided by Amazon Prime. Run time: 109 minutes. MPLC #504475525.*



"Unsinkable: Titanic Untold" (2024)

Friday, October 23 at 1pm at the CAST Senior Center, Room 112

On the night of April 14, 1912, the most famous ship in history, the RMS Titanic struck an iceberg. Within 3 hours she succumbed to her damage and one of history's most intriguing mysteries was born. The tales of greed, arrogance, conspiracy, heroism and romance, have captivated the world for over a century. What has been largely untold are the days immediately following the disaster. Unsinkable is a live-action, incredible true story of the rushed investigation, political interference, corporate accountability, and the heart wrenching personal moments of the disaster itself. With fascinating testimony, back-alley investigation, and riveting flashbacks to that fateful night, Unsinkable shines a light on why the Titanic disaster has endured for over 100

years. Picture courtesy of and provided by Amazon Prime. Run time: 100 minutes. MPLC #504475525



"The Pale Blue Eye" (2020)

Friday, October 30 at 1pm at the CAST Senior Center, Room 112

A world-weary detective is hired to investigate the murder of a West Point cadet. Stymied by the cadets' code of silence, he enlists one of their own to help unravel the case - a young man the world would come to know as Edgar Allan Poe. Reviewers say 'The Pale Blue Eye' delivers stunning cinematography and production design that create an atmospheric Gothic mystery, elevated by Christian Bale and Harry Melling's outstanding performances.

Picture courtesy of and provided by Amazon Prime. Run time 128 minutes. MPLC #504475525

CAST Educational Programs are free and open to the public. No pre-registration required.

EDUCATIONAL PROGRAMS

CAST SENIOR CENTER - OCTOBER 2026

"Great Rivers that Shaped History: India's Sacred Ganges River and The Yellow and Yangtze Rivers (parts 5 and 6 of 24)"

Thursday, October 1 at 1pm, CAST Senior Center, Room 112



India's Sacred Ganges River: Discover the most sacred river of Hinduism and learn about the religious rituals and meanings associated with it. Map its long route from the Himalayas to the Bay of Bengal, and visit important communities through which it flows, such as Varanasi, Allahabad, and Kolkata. Note the natural features and rich wildlife of the Ganges, as well as the significant environmental challenges it faces.

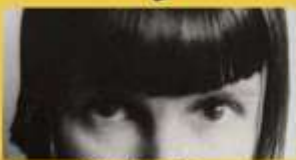


The Yellow and Yangtze Rivers: China's two longest rivers have figured vitally in national life over millennia. Chart their geographical routes, navigability, and natural cycles, and grasp how controlling them has been a core challenge for Chinese leadership. Delve into the history that unfolded along the rivers, from the imperial Grand Canal and the Opium Wars to the Rape of Nanjing and the building of the Three Gorges Dam. *Run time: 64 minutes.*

"On Fertile Ground - Wanda Gág and the Turner Roots of Freedom" with Alexander Roth

Thursday, October 8 at 1pm at the CAST Senior Center, Room 112

Fertile Ground



WANDA GÁG
AND THE TURNER ROOTS OF FREEDOM

Alexander Roth will delve into the idea that Wanda Gág's art did not emerge in isolation. It grew from fertile ground, cultivated by the radical ideals, communal practices, and educational philosophies of the Turnverein movement that shaped her family and her hometown of New Ulm.

The Turnverein was a German-rooted social and cultural movement in New Ulm that promoted: equal education for women and girls, physical fitness and "sound mind, sound body" ideals, free speech, liberal politics, and communal living. Roth explains that these values gave Gág the "can-do spirit" to become her family's

primary breadwinner at 15, fostered her confidence, and shaped her later anti-fascist work and translations of Grimm's Fairy Tales as a form of resistance against Nazi propaganda. Wanda Gág is best known for *Millions of Cats* (1928) and for innovating the double-page spread in children's books. Roth's talk moves beyond her "cat woman" image to highlight: her belief that children should access great art regardless of class, her political resilience and connections to progressive circles, including Georgia O'Keeffe and Diego Rivera, and the influence of her father, Anton Gág, a Turner and artist, who taught her painting techniques.

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EDUCATIONAL PROGRAMS

CAST SENIOR CENTER - OCTOBER 2026

Broadway Musicals with Lowell Liedman

Thursdays, October 15, 22, 29 and November 5 at 1pm at the CAST Senior Center, Room 112



Musical Theatre has been around for a long time but early musicals were usually simple love stories. In the first half of the 20th century musicals began a change by adding more dramatic story lines. Prime examples of this change were blockbuster hits like *Show Boat* (1927) and *Oklahoma* (1943). The Broadway area in New York City was the home of American theatre including musicals. As a result the word Broadway became synonymous with musical theatre. In recent decades the West End of London also became a center of top plays including British musicals. Today virtually all

well known plays are still from America and Britain. Our look at Broadway and British show tunes will come in four different presentations: The first set of musical offerings (October 15) will be opening numbers. Set number two (October 22) will all be love songs. The third set (October 29) will be songs filled with powerful emotions. Our fourth set of songs (November 5) will be numbers that are simply fun.

Opening Numbers (part 1 of 4)

Thursday, October 15 at 1pm at the CAST Senior Center, Room 112

"Oh, What a Beautiful Morning" from *Oklahoma*, "Oklahoma" from *Oklahoma*, "Rock Island" from *The Music Man*, "Why Can't the English?" - from *My Fair Lady*, "Opening/Tradition" - from *Fiddler on the Roof*, "Wilkommen" - from *Cabaret*, "Prologue Ragtime" - from *the Ragtime*, "Opening Prologue" - from *West Side Story*, and "Alexander Hamilton" from *Hamilton*.

Love Songs (part 2 of 4)

Thursday, October 22 at 1pm at the CAST Senior Center, Room 112

"Where is Love" from *Oliver*, "Do You Love Me?" from *Fiddler on the Roof*, "On My Own" from *Les Miserables*, "I Don't Know How to Love Him" from *Jesus Christ Superstar*, "If I Loved You" from *Carousel*, "All I ask of You" from *The Phantom of the Opera*, "The Music of the Night" from *The Phantom of the Opera*, "Tonight" from *West Side Story*, and "Some Enchanted Evening" from *South Pacific*.

Emotional Power Songs (part 3 of 4)

Thursday, October 29 at 1pm at the CAST Senior Center, Room 112

"You've Got to be Carefully Taught" - *South Pacific*, "The Impossible Dream" from *Man of La Mancha*, "The Phantom of the Opera" from *The Phantom of the Opera*, "You'll Never Walk Alone" from *Carousel*, "One Day More" & "Do You Hear the People Sing" from *Les Miserables*, "Empty Chairs at Empty Tables" from *Les Miserables*, "Bui Doi" from *Miss Saigon*, and "Memory" from *Cats*.

NEW ULM COMMUNITY ACCESS TELEVISION (NUCAT) SCHEDULE

Events

From 10/4 to 10/10/26

- Religious
- Public
- NUCAT
- Government
- Outside Programming
- Scheduled Reminders
- ISD 88

October 2026							November 2026						
T	W	T	F	S	S	M	T	W	T	F	S	S	M
				1	2	3						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

Sunday, October 4

• Events

- 12:00AM to 1:15AM Bits and Bites of History: Development of New Ulm Industry
- 1:30AM to 2:30AM Concerts in The Park 2026: Chris and Chris
- 2:30AM to 3:30AM MN Music Hall of Fame: Jeff Dayton
- 3:30AM to 5:30AM Board of Brown County Commissioners
- 5:30AM to 6:15AM MN Music Hall of Fame | Wanda Davis "Beyond the Purple Lights"
- 6:30AM to 7:00AM Time of Grace
- 7:00AM to 7:30AM The Garage
- 7:30AM to 9:00AM New Beginnings Church
- 9:00AM to 10:00AM First United Methodist
- 10:00AM to 11:00AM Exploring the Superior Hiking Trail
- 11:00AM to 12:00PM Cathedral Mass
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 1:00PM NASA Presentations
- 1:30PM to 3:30PM Lenny's Classic Videos
- 4:00PM to 5:00PM First Baptist Church
- 5:00PM to 6:00PM Redeemer Lutheran Church
- 6:00PM to 7:15PM City Council (replay)
- 7:30PM to 9:30PM Lenny's Classic Videos
- 9:30PM to 10:00PM Concertina Styles & Smiles
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 11:30PM Germanic-American Day Parade 2026

Monday, October 5

• Events

- 12:00AM to 1:45AM BCHS Lunch and a Bite of History: A Chase to the Death
- 2:00AM to 3:00AM Concerts in the Park 2026 - Lake Crystal Community Band
- 3:00AM to 5:15AM Something Artsy
- 5:15AM to 6:30AM Bits and Bites of History: Development of New Ulm Industry
- 6:30AM to 7:00AM Public Utilities Commission
- 7:00AM to 7:30AM Monuments & Cemetery Commission
- 7:30AM to 8:00AM Park & Recreation Commission
- 8:00AM to 8:30AM Economic Development Authority
- 8:30AM to 9:00AM Sister Cities Commission
- 9:00AM to 10:00AM Minnesota Outdoor Skills & Stewardship Series
- 10:30AM to 12:00PM MN Music Hall of Fame: Arne Fogel
- 12:00PM to 12:30PM Community Bulletin Board
- 1:00PM to 3:15PM Something Artsy
- 3:30PM to 4:00PM Diocese of New Ulm Presentation
- 4:00PM to 4:30PM MLC Daily Service
- 5:00PM to 6:00PM Cathedral Mass

- 6:00PM to 7:00PM St. John's Lutheran
- 7:00PM to 8:00PM Our Savior's Lutheran
- 8:30PM to 9:00PM Time of Grace
- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 11:30PM Exploring the Superior Hiking Trail

Tuesday, October 6

• Events

- 12:00AM to 1:00AM Gangstagrass Concert
- 1:00AM to 1:30AM Concertina Styles & Smiles
- 1:30AM to 2:30AM Living Without Limits - Cognitive & Developmental Delays
- 2:30AM to 4:00AM Miss Loretta Tribute Band at Hermannfest
- 4:00AM to 6:00AM Lenny's Classic Videos
- 6:00AM to 7:00AM NUPL Presents Songs & Stories of the American West
- 7:00AM to 10:00AM Board of Brown County Commissioners
- 10:00AM to 11:00AM Christ the King
- 11:00AM to 12:00PM Exploring the Superior Hiking Trail
- 12:00PM to 12:30PM Community Bulletin Board
- 1:00PM to 2:00PM St. John's Lutheran
- 2:00PM to 3:00PM Noon Tunes - Lee Weber
- 3:00PM to 3:30PM The New Ulm Forum
- 3:30PM to 4:00PM Concertina Styles & Smiles
- 4:00PM to 4:30PM MLC Daily Service
- 4:30PM to 6:00PM City Council (LIVE)
- 7:00PM to 8:30PM City Council (replay)
- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 12:45AM (10/7) Something Artsy

Wednesday, October 7

• Events

- 10:30PM (10/6) to 12:45AM Something Artsy
- 12:45AM to 2:00AM Concerts in The Park 2026: Ken and Ken
- 2:00AM to 3:00AM Concerts in the Park 2026: Angie Anderson and Kelly Coyle
- 3:15AM to 3:45AM Airport Commission
- 3:45AM to 4:15AM Safety Commission
- 4:15AM to 4:45AM Sister Cities Commission
- 4:45AM to 6:00AM City Council (replay)
- 6:00AM to 6:30AM Economic Development Authority
- 6:30AM to 7:00AM Concertina Styles & Smiles
- 7:00AM to 8:15AM Bits and Bites of History: Development of New Ulm Industry
- 8:30AM to 10:00AM New Beginnings Church

NEW ULM COMMUNITY ACCESS TELEVISION (NUCAT) SCHEDULE

Events

From 10/4 to 10/10/26

- Religious
- Public
- NUCAT
- Government
- Scheduled Reminders
- Outside Programming
- ISD 88

October 2026							November 2026						
T	W	T	F	S	S	M	T	W	T	F	S	S	M
			1	2	3	4	5				1	2	
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

- 10:00AM to 11:00AM St. Paul's Lutheran
- 11:00AM to 11:30AM Economic Development Authority
- 11:30AM to 11:45AM Sister Cities Commission
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 2:15PM Planning Commission
- 2:15PM to 3:00PM Park & Recreation Commission
- 3:00PM to 4:00PM Minnesota Outdoor Skills & Stewardship Series
- 4:00PM to 4:30PM MLC Daily Service
- 5:00PM to 6:00PM Christ the King
- 6:00PM to 7:00PM First United Methodist
- 7:00PM to 8:00PM St. Paul's Lutheran
- 8:00PM to 9:00PM Living Without Limits - Cognitive & Developmental Delays
- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 12:00AM (10/8) MN Music Hall of Fame: Arne Fogel

Thursday, October 8

• Events

- 12:00AM to 1:15AM NU Film Society Talk Show
- 1:15AM to 3:00AM Squid City Slingers at The Schell's Biergarten
- 3:00AM to 3:30AM Concertina Styles & Smiles
- 3:45AM to 4:15AM Airport Commission
- 4:15AM to 4:30AM Human Rights Commission
- 4:30AM to 5:00AM Monuments & Cemetery Commission
- 5:00AM to 5:30AM Library Board
- 5:30AM to 7:15AM Planning Commission
- 7:15AM to 8:00AM Smitten with Squash with Amanda Paa
- 8:00AM to 9:00AM Cathedral Mass
- 9:30AM to 10:00AM Diocese of New Ulm Presentation
- 10:00AM to 11:00AM St. John's Lutheran
- 11:00AM to 12:00PM Redeemer Lutheran Church
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 2:45PM Something Artsy
- 3:00PM to 4:00PM ISD 88 School Board Meeting (replay)
- 4:00PM to 4:30PM MLC Daily Service
- 5:00PM to 6:00PM Our Savior's Lutheran
- 6:00PM to 7:00PM Concerts in The Park 2026: Chris and Chris
- 7:00PM to 9:00PM First Baptist Church
- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 11:30PM Germanic-American Day Parade 2026

Friday, October 9

• Events

- 12:00AM to 2:15AM Fraud Workshop

- 2:15AM to 3:00AM BCHS Presents - Disasters of Brown County
- 3:00AM to 4:00AM Minnesota Outdoor Skills & Stewardship Series
- 4:00AM to 4:30AM Park & Recreation Commission
- 4:30AM to 5:00AM Safety Commission
- 5:00AM to 6:00AM Tree Commission
- 6:00AM to 6:30AM Heritage Preservation Commission
- 6:30AM to 7:00AM Public Utilities Commission
- 7:00AM to 9:00AM Lenny's Classic Videos
- 9:00AM to 10:00AM Concerts in the Park 2026: Angie Anderson and Kelly Coyle
- 10:00AM to 10:45AM Transportation Advisory Committee
- 10:45AM to 12:00PM City Council (replay)
- 12:00PM to 12:30PM Community Bulletin Board
- 12:30PM to 1:30PM Tree Commission
- 1:30PM to 2:00PM Public Utilities Commission
- 2:00PM to 2:30PM Heritage Preservation Commission
- 2:30PM to 3:00PM Monuments & Cemetery Commission
- 3:00PM to 3:45PM Library Board
- 4:00PM to 4:30PM MLC Daily Service
- 4:30PM to 5:00PM NASA Presentations
- 5:00PM to 6:15PM Bits and Bites of History: Development of New Ulm Industry
- 6:15PM to 7:00PM Smitten with Squash with Amanda Paa
- 7:00PM to 7:30PM The Garage
- 7:30PM to 8:00PM Behind the Game
- 8:00PM to 8:30PM Beyond Today
- 8:30PM to 9:00PM The Process
- 9:00PM to 10:00PM Democracy Now!
- 10:00PM to 10:30PM Community Bulletin Board
- 10:30PM to 11:45PM NU Film Society Talk Show

Saturday, October 10

• Events

- 12:00AM to 1:30AM Public Domain Films
- 1:30AM to 2:45AM Bits and Bites of History: Development of New Ulm Industry
- 2:45AM to 4:15AM MN Music Hall of Fame: Arne Fogel
- 4:15AM to 6:15AM Bockfest Boys at Hermannfest
- 6:15AM to 7:30AM BCHS Lunch & a Bite of History: Conditions That Led to New Ulm's Founding
- 7:30AM to 8:30AM Exploring the Superior Hiking Trail
- 8:30AM to 10:15AM Squid City Slingers at The Schell's Biergarten
- 10:15AM to 11:15AM Germanic-American Day Parade 2026
- 11:15AM to 12:00PM BCHS Presents - Disasters of Brown County
- 12:00PM to 12:30PM Community Bulletin Board
- 1:00PM to 3:00PM Bockfest Boys at Hermannfest
- 3:00PM to 3:30PM The New Ulm Forum

NEW ULM COMMUNITY ACCESS TELEVISION (NUCAT) SCHEDULE

Events

From 10/4 to 10/10/26

- Religious

Public

NUCAT

Government

Outside Programming

Scheduled Reminders

ISD 88

October 2026							November 2026						
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20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

- 3:30PM to 4:45PM NU Film Society Talk Show

4:45PM to 6:00PM Concerts in The Park 2026: Ken and Ken

6:30PM to 7:00PM Behind the Game

7:00PM to 9:15PM Something Artsy

9:15PM to 10:00PM Minnesota's Most Haunted

10:00PM to 10:30PM Community Bulletin Board

10:30PM to 12:00AM (10/11) Public Domain Films

DONATE TO THE CAST SENIOR CENTER



As a 501(c)3 nonprofit organization, the CAST Senior Center relies solely on grants and your contributions to operate. Bringing you high-quality programming and activities is expensive, and we want to keep providing them for you. We would be truly grateful if you would make a donation to the CAST Senior Center. Your contribution will go directly toward supporting our activities, programs, supplies and operational expenses for the year. Your support is crucial to our efforts to raise needed money, and any amount is appreciated. Donations can be mailed to CAST, 600 N. German St., New Ulm, MN 56073. ***Thank you for your support!***



Bakery Giveaway

Thursday:
September 17, 24
October 8, 22, 29
12:30 pm to 2:00 pm

The New Ulm Area Emergency Food Shelf will be offering bakery, and other food items if available.

At 1305 South Valley Street, New Ulm.

This offering does not count as a normal food shelf visit. Amounts may be limited based on availability. No limit on number of times to visit.

It may end at anytime. Changes will be announced on KNUJ, The Journal, and social media.

Our goal is that no one goes hungry, this distribution is open to anyone who needs help.

THE CAST SENIOR CENTER PARTNERS WITH THE CITY OF NEW ULM, THE PARK AND RECREATION DEPARTMENT, THE NEW ULM PUBLIC LIBRARY, THE UNITED WAY OF THE BROWN COUNTY AREA, THE NEW ULM AREA FOUNDATION, NEW ULM COMMUNITY EDUCATION, CATHOLIC



New Ulm Area
Foundation, Inc.

